A Hospital Visit

By Aneesa Hussain

They come in to Look at me A spectacle on a Petri dish, Yellowed Bony Silent. Their faces Straight, Eyes quizzical White coats Fluttering back And forth Like wings. I sit and stare, IV pulsating through My veins, sweat Trickling down my back I feel the shame, The shame of the Visible hair on my Legs, The shame of being Kept prisoner for a Week,

The shame of being Caught sick.

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I have memories of bloody IVs, Of kosher jello, Of the girl next to me Who had an operation. Memories of my mother staying with Me day and night, Resting only a few hours On a chair within my sight.

The white coats come again. How old is she? One of them Whispers to the other. 12, I think, another says. I wonder if she speaks English, The other says.

Perhaps Said had got it right. I'm the exotic oriental, The eastern other. "Fucking Indians" the nurse says to us later as we close the curtains for privacy and comfort.

A few white coats walk by again and peep in. Oh no, she's Arab, I think. Her name is Muslim, they say. I've lost my sense of self. I'm an Indian and an Arab. The best place to be racially Profiled is when you're in The hospital And sick. They think it heals your wounds When they assume Who you are. They can only assume Because you're 12 and

Hussain

Sick and do not talk back That you are what they think You are.

This is when you take back Your words, Of singing so loud That even you were frightened That you are not fine, And wonder if you will be okay although it is another Fine day. Your mother and the white coats Didn't think twice. They took you in And treated you. You were their belonging For a week. An object to be tampered with, A rat in a cage, A spectacle on a petri dish. You were treated in silence Until you could be taken home To yourself with medicine To heal the loss of your integrity, Your memory of yourself Before the loss of your identity.